



# Is there a Sustainable Path to High Quality Assets at a Lower Cost ...

November, 2016

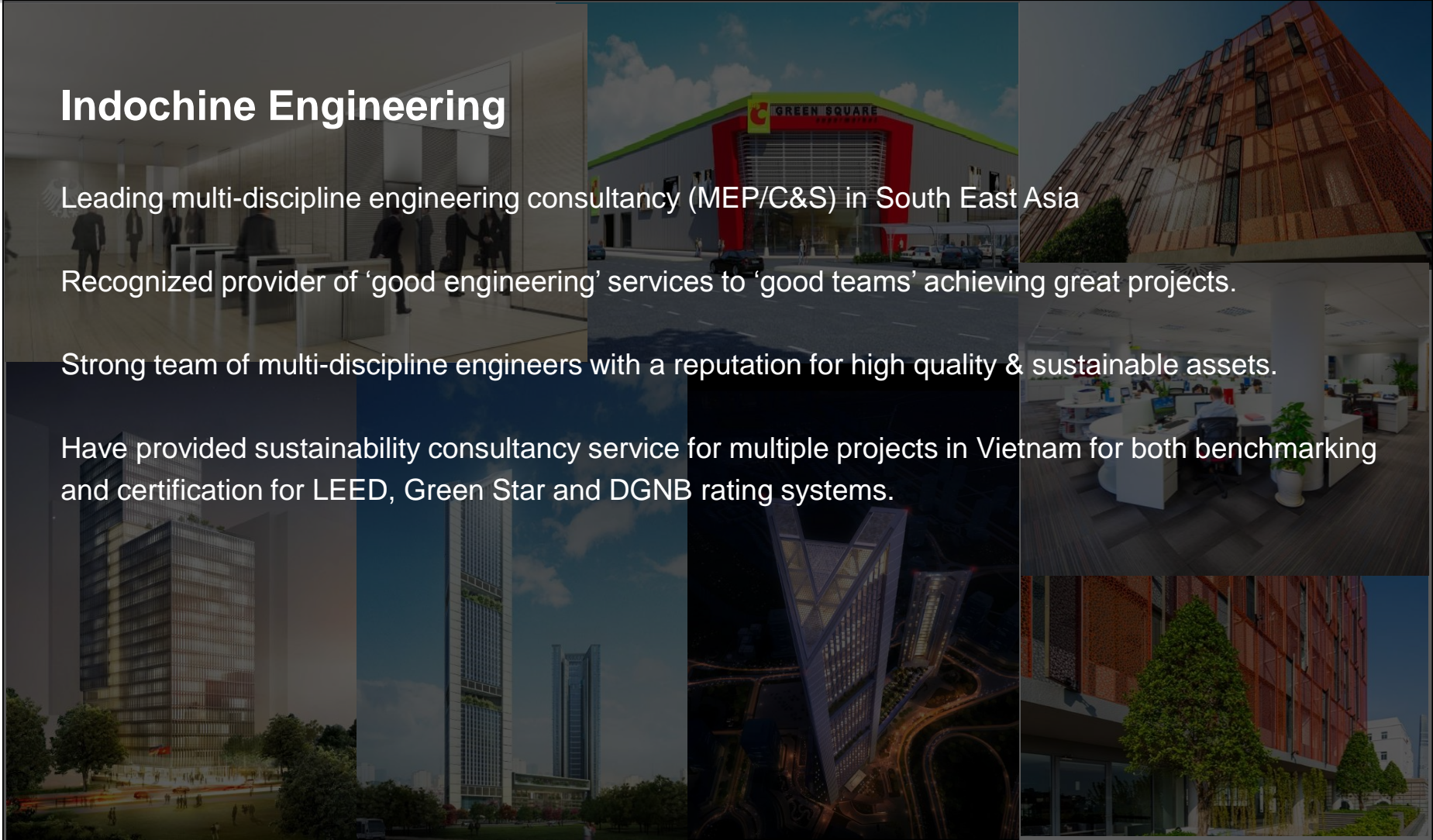
## Indochine Engineering

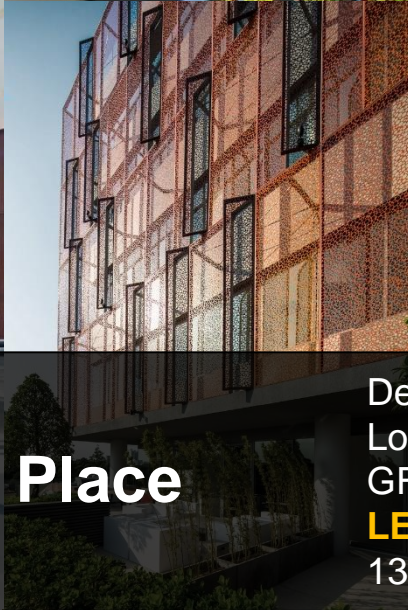
Leading multi-discipline engineering consultancy (MEP/C&S) in South East Asia

Recognized provider of 'good engineering' services to 'good teams' achieving great projects.

Strong team of multi-discipline engineers with a reputation for high quality & sustainable assets.

Have provided sustainability consultancy service for multiple projects in Vietnam for both benchmarking and certification for LEED, Green Star and DGNB rating systems.





# President Place

Description: Office Building  
Location: Hochiminh City, Vietnam  
GFA: 11,500 sqm  
**LEED Gold** for Core & Shell  
13% Energy saving - 47% Water saving - 45% Recycled content



## President Place



**Additional Cost:** 5%

**Benefits:**

- Attract Multi National Companies
- Marketing as the First LEED Gold Building in HCMC
- Reduce operation cost

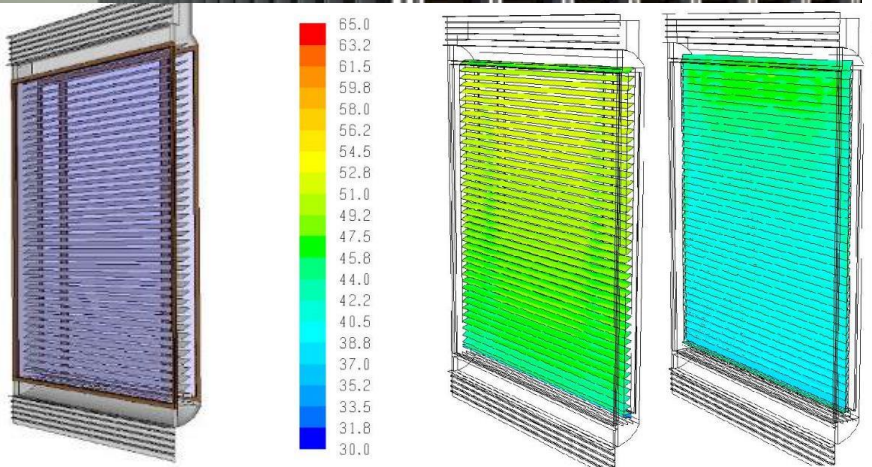
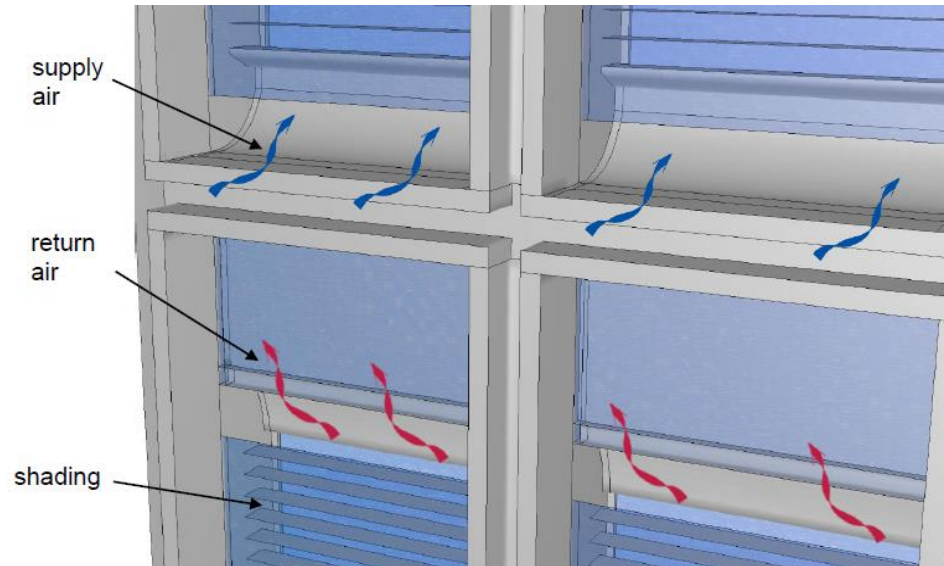


## Deutsches Haus



Description: Mixed-use building (Office, Retail, Restaurant)  
Location: Hochiminh City, Vietnam  
GFA: 36,448 sqm  
Target: **LEED Platinum**, DGNB Silver

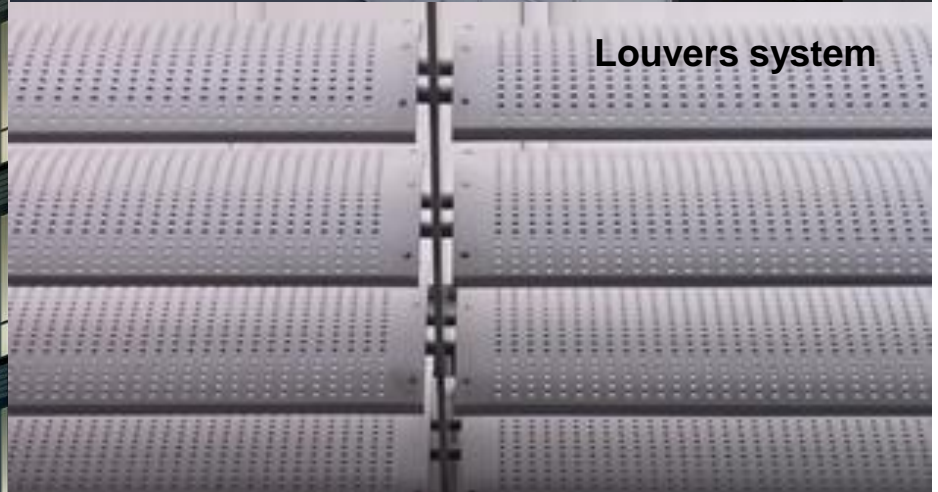
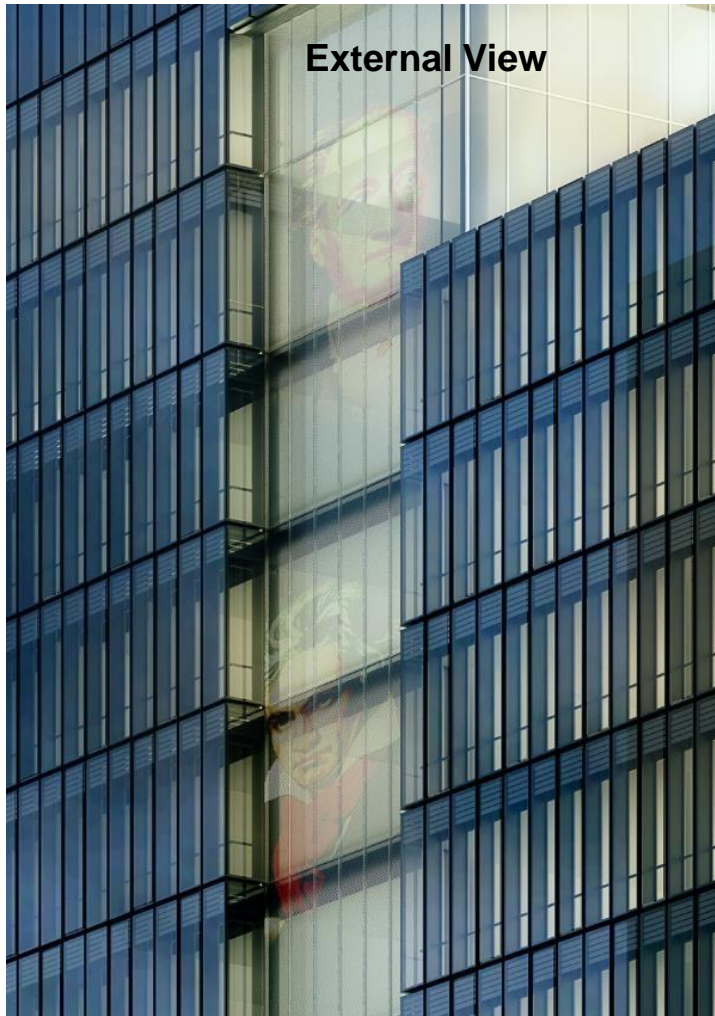
## Open Cavity Dual Facade



Combine transparent look and energy efficiency

Saving more than 30% energy compared to a good single glass

## Visual Comfort



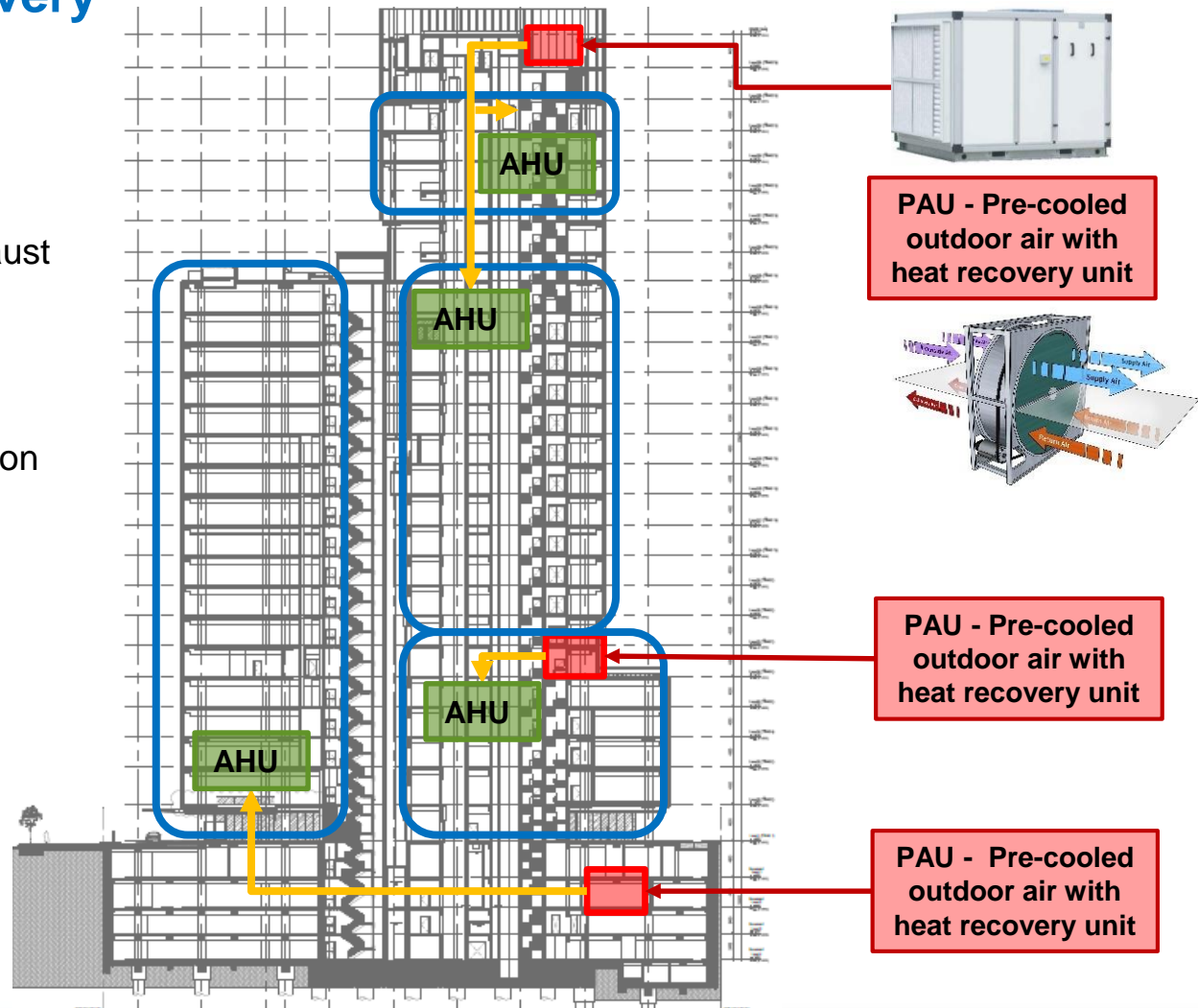
## Ventilation – Heat recovery

### Function

Transfers heat and humidity from incoming fresh air to outgoing exhaust air.

### Savings

- Add 3% energy saving consumption
- Payback in 2.5 years





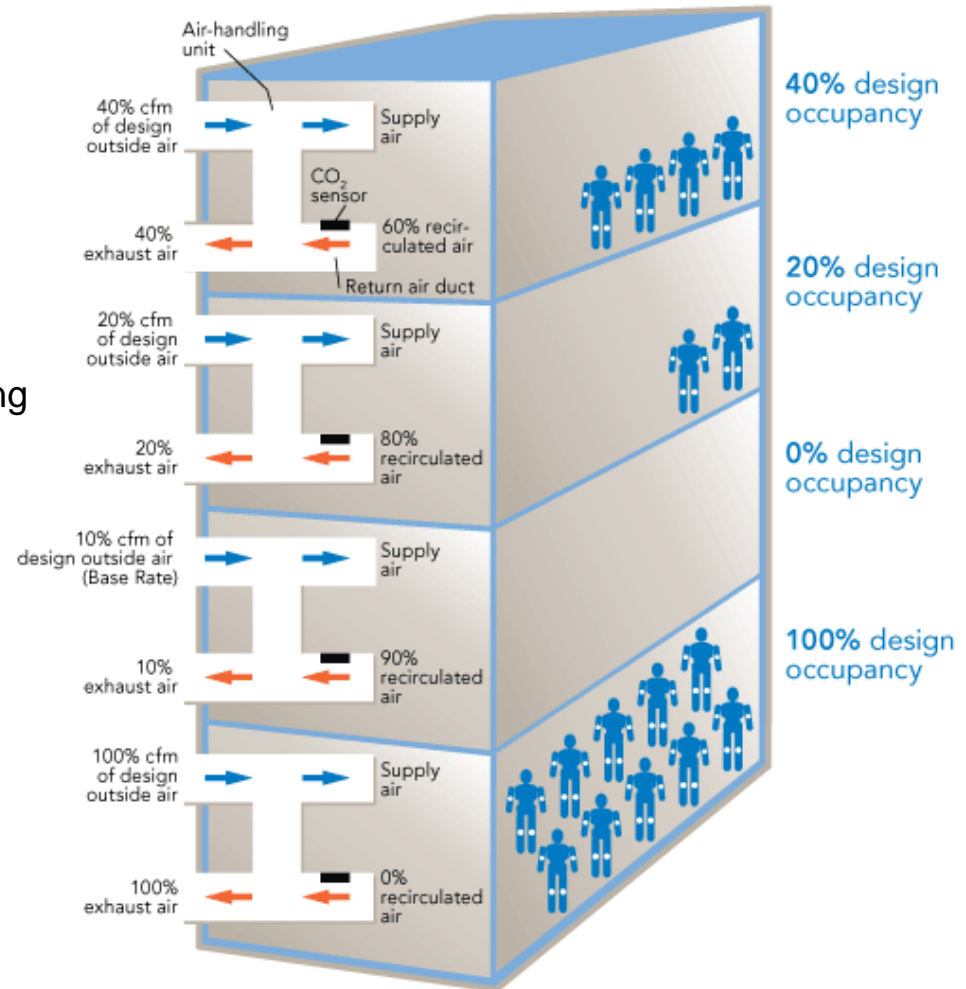
# Demand Control Ventilation

## Function

Control outdoor air ventilation to correspond to the numbers of people in the space

## Savings

- Reduced energy waste in partially occupied spaces
- Reduces problems associated with humidity, including mold and fungal growth.



## High Efficiency Cooling

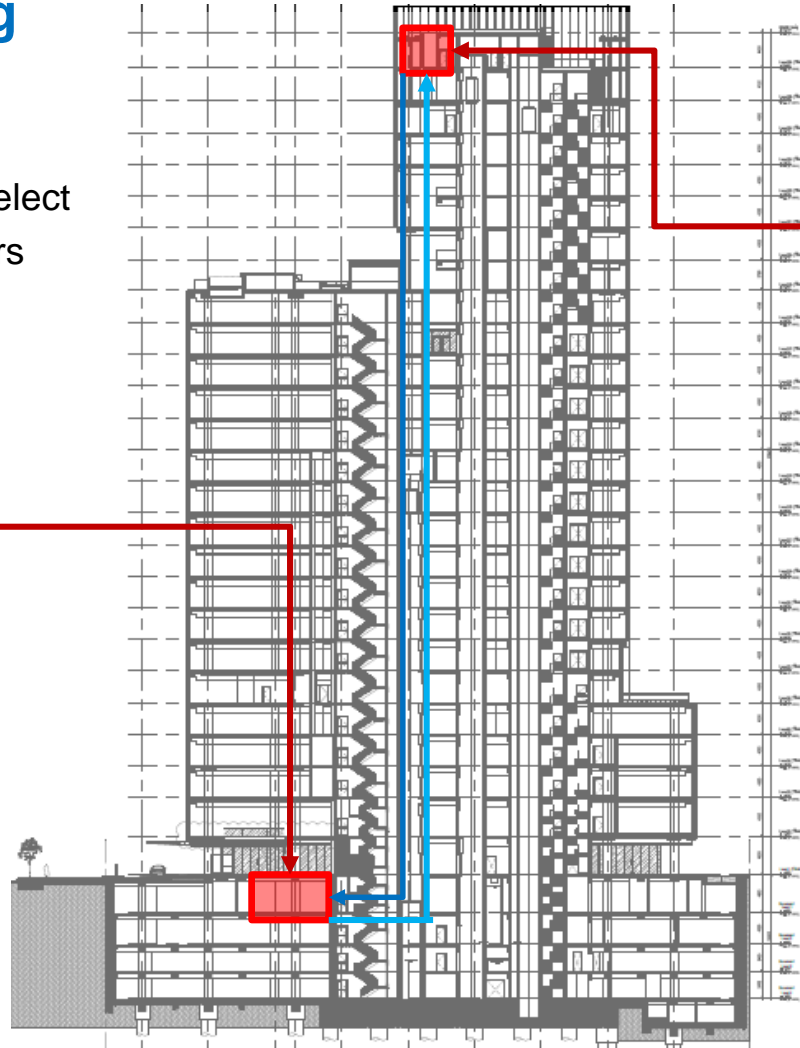
Adequately sizing equipment and select high efficient ones, especially chillers reduces energy consumption.



**High Efficient Chiller Plant  
variable speed**



**High Efficient Pumps  
variable speed**



**Cooling Tower  
Variable speed**

## Interior Lighting

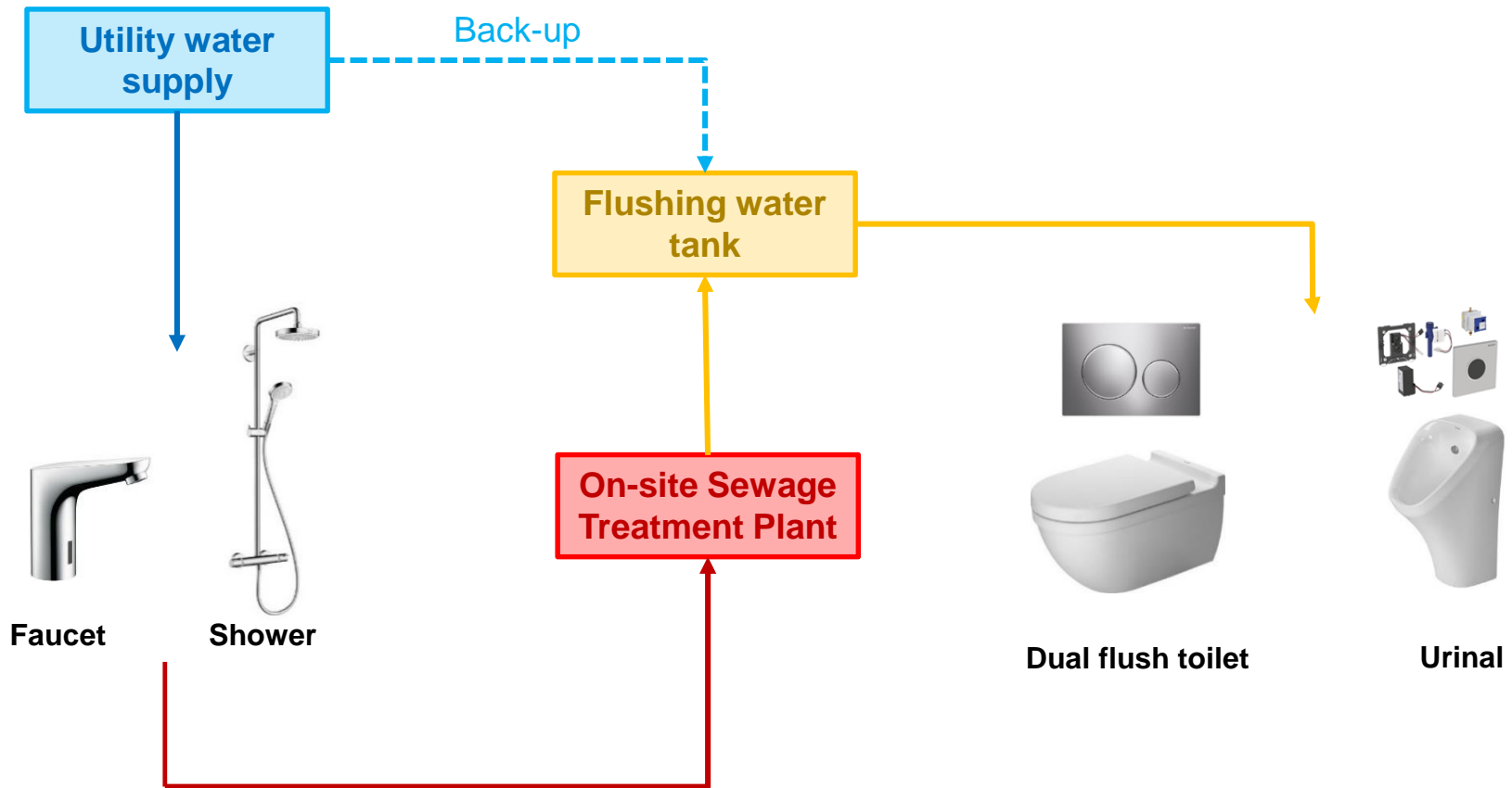
T5 is replaced by  
LED lighting

Payback in 5.8  
years.

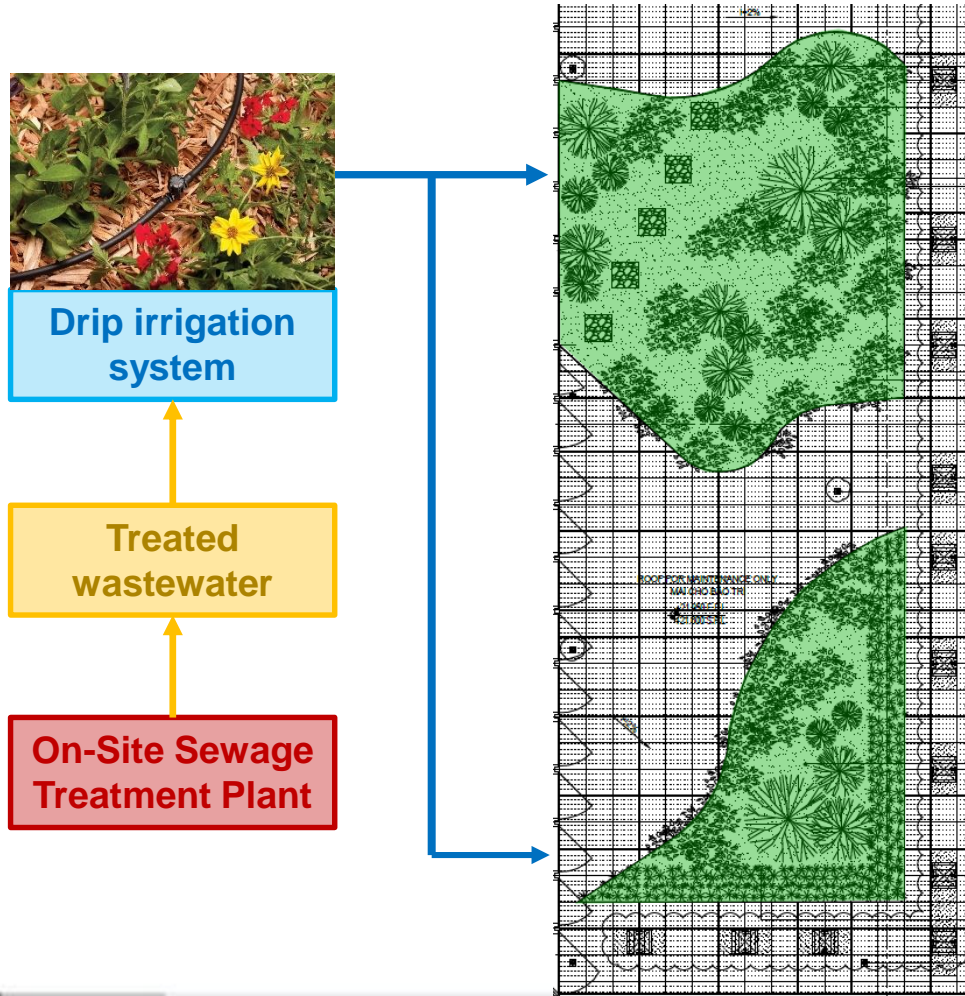
Add 1% more  
energy saving



## Indoor Water Efficiency



## Landscape drip irrigation



## Native & Adaptive Plants



## What is Sustainability anyway ...

Sustainable development is development that meets the needs of the present without compromising the ability of future generations to meet their own needs.

— World Commission on Environment and Development, Our Common Future (1987)

A sustainable building, or green building is an outcome of a design philosophy which focuses on increasing the efficiency of resource use — energy, water, and materials — while reducing building impacts on human health and the environment during the building's lifecycle, through better siting, design, construction, ...

## Related issues ...

**Building resiliency** is the capacity of a building to continue to function and operate under extreme conditions, such as (but not limited to) extreme temperatures, sea level rise, natural disasters, etc. As the built environment faces the impending effects of global climate change, building owners, designers, and builders can design facilities to optimize building resiliency.

**Building adaptability** is the capacity of a building to be used for multiple uses and in multiple ways over the life of the building. For example, designing a building with movable walls/partitions allow for different users to change the space. Additionally, using sustainable design allows for a building to adapt to different environments and conditions.

## **Sustainable path ...**

### **Frank Lowy - Westfield co-founder.**

Many developers built shopping centres but Lowy was one of the few who recognised the value not just in developing but in holding and managing. And he's the only one to have created a shopping centre brand – an Australian brand now a household word in London and much of the US. ... For a man who has mastered so many complexities he can also make real estate very simple.

Successful property, he said, is that which "people want and can use".

**<http://www.afr.com/real-estate/the-australian-financial-reviews-rob-harley-lessons-from-a-life-in-property-20161114-gsowu5#ixzz4QeLQnzey>**



## High Value Assets ...

What is a high value asset ....

Residential – good sales .... and a clean hand over to the body corporate

Offices – superior yield - better tenants, longer leases, longer life cycle

Hotels – superior yield/ EBITDA/ occupancy/ REVPAR/ ADR/ gross margin

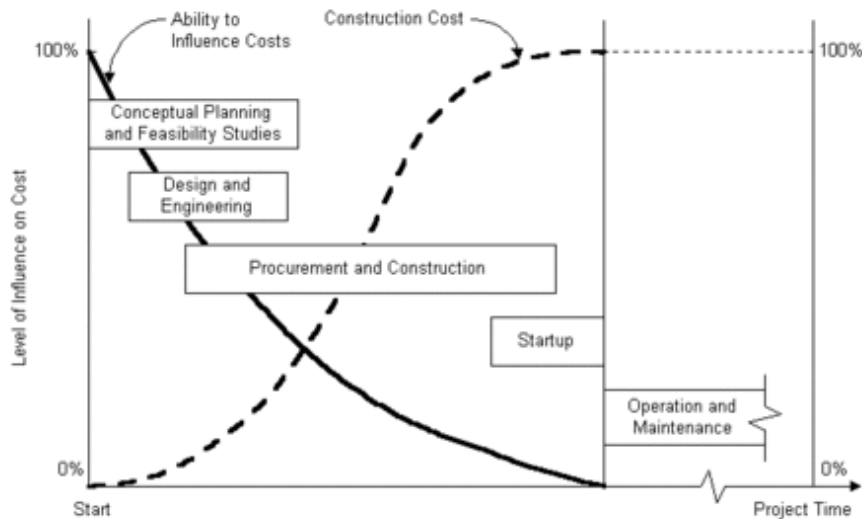
Education – m<sup>2</sup>/student, revenue/student, revenue/m<sup>2</sup>.... (?)

## High Value Assets ...

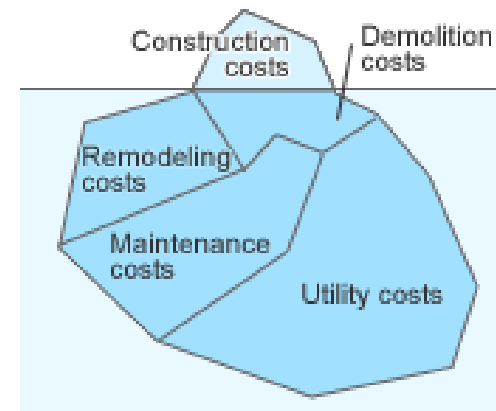
What is a high value asset ....

Residential – good sales .... and a clean hand over to the body corporate	\$360/m <sup>2</sup> /annum
Offices – superior yield - better tenants, longer leases, longer life cycle	\$500/m <sup>2</sup> /annum
Hotels – superior yield/ EBITDA/ occupancy/ REVPAR/ ADR/ gross margin	\$1,000/m <sup>2</sup> /annum
Education – m <sup>2</sup> /student, revenue/student, revenue/m <sup>2</sup> .... (?)	\$3,000/m <sup>2</sup> /annum

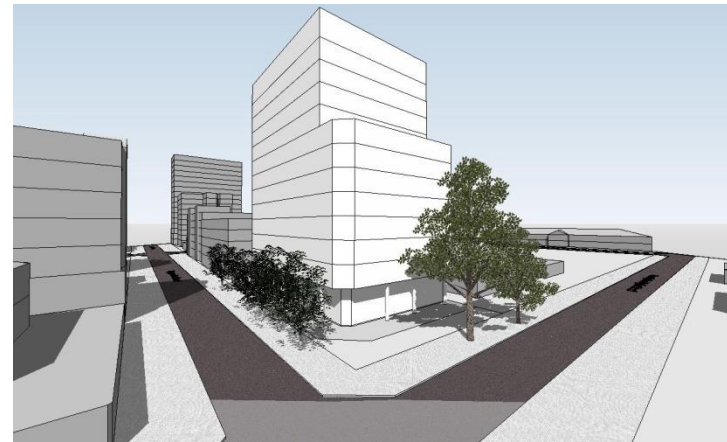
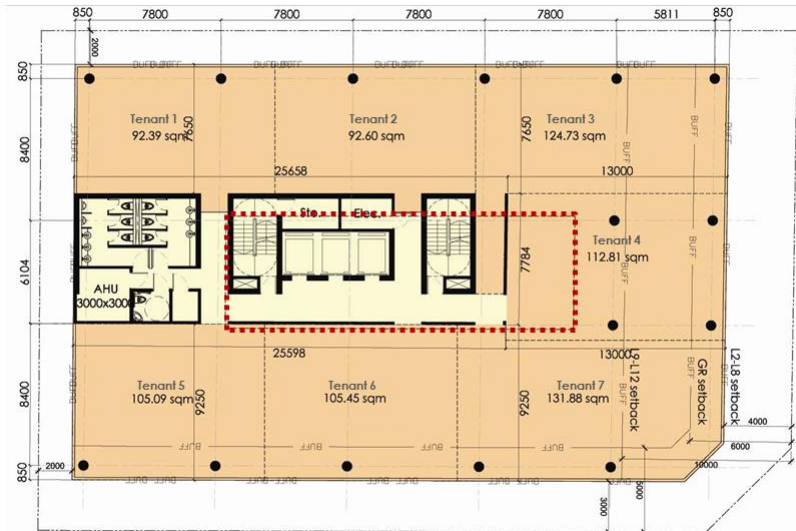
## Design & time ...



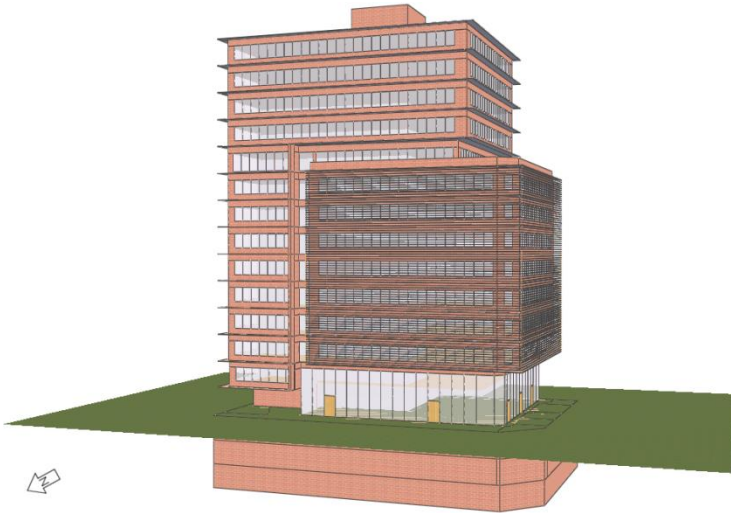
### ■ The iceberg of lifecycle costs



# Architecture & Engineering ...



## Comfort & air conditioning ...



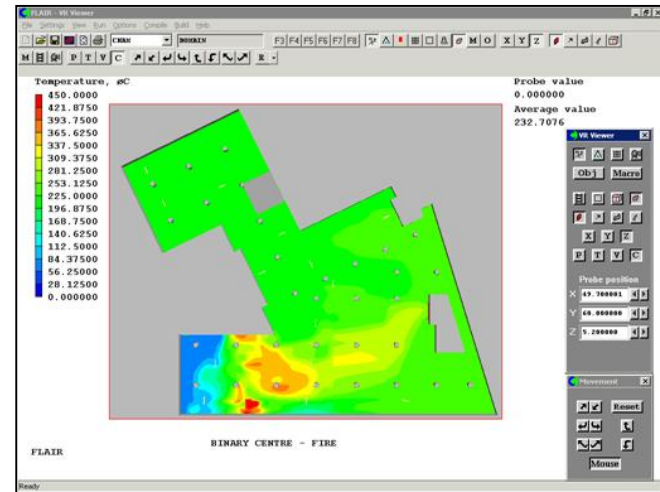
**Reduce air cond. spaces**

**Good engineering design**

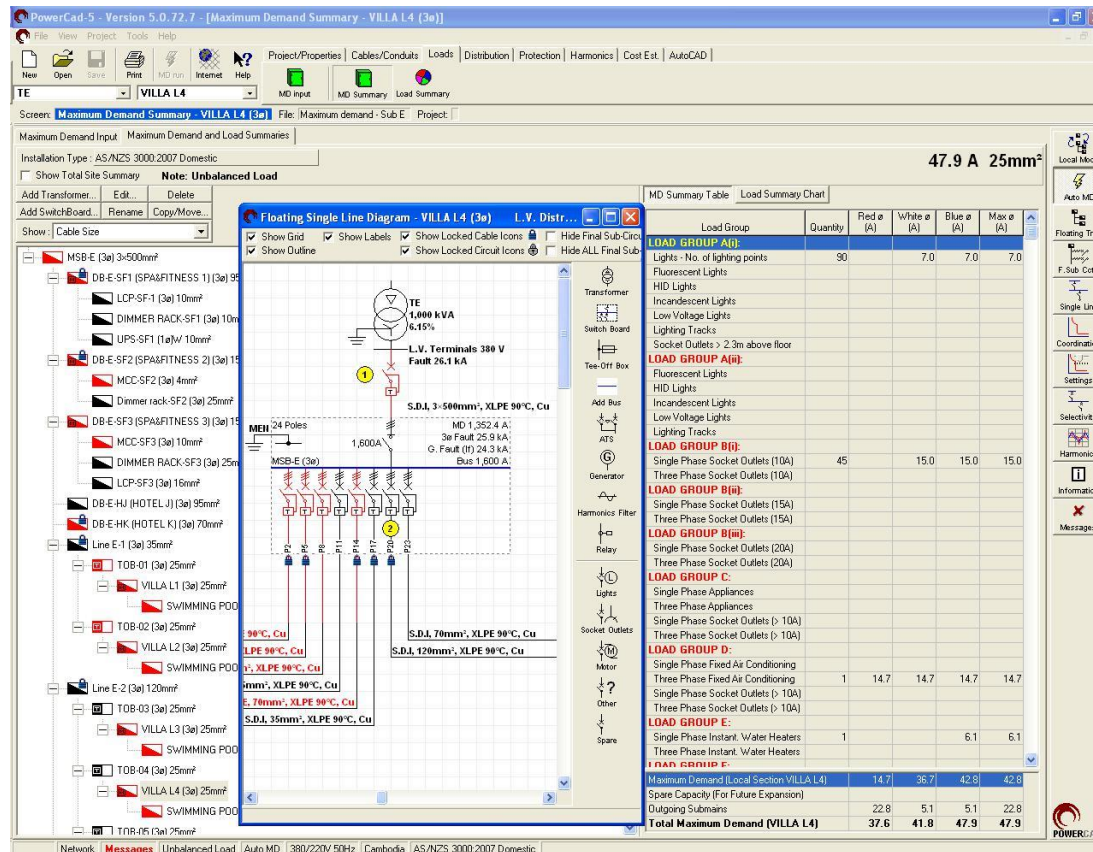
**Cheaper systems may be appropriate**

**Energy models & CFD**

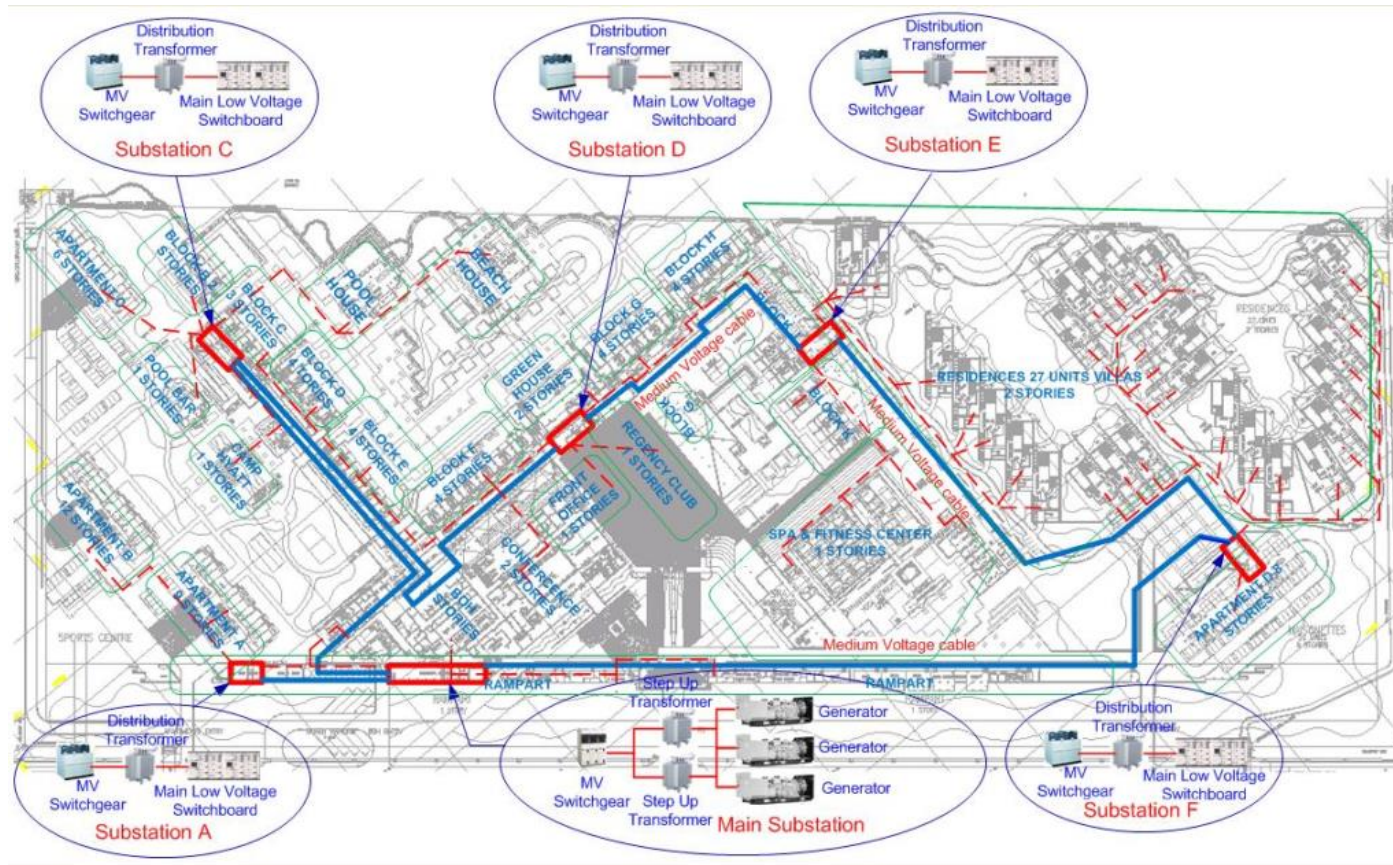
**Performance is usually a prerequisite**



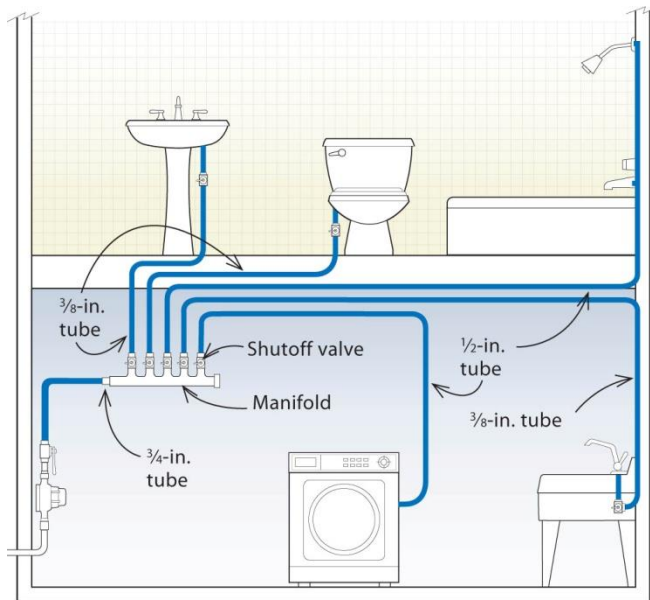
# Reliability & electricity ...



# Optimisation ...



## Sanitation & public health ...



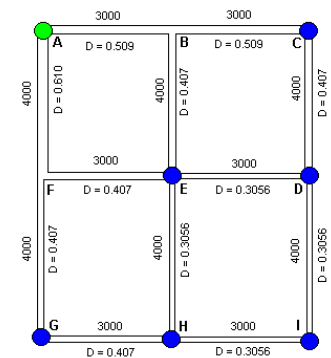
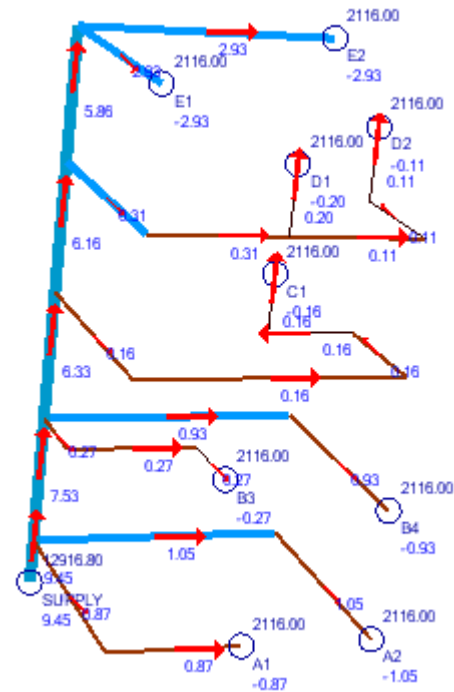


# Fire & life safety ...

Table 22.5.3.4 Ordinary Hazard Pipe Schedule

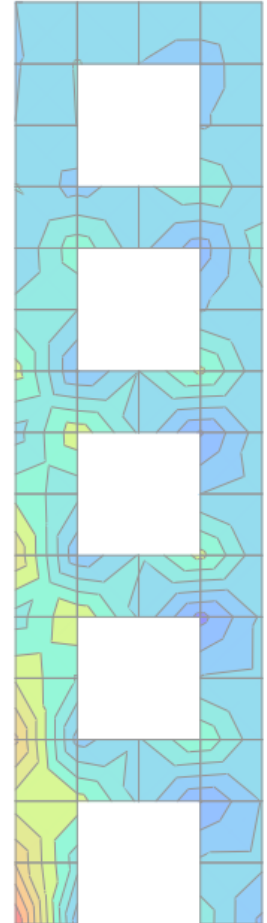
Steel		Copper	
1 in.	2 sprinklers	1 in.	2 sprinklers
1¼ in.	3 sprinklers	1¼ in.	3 sprinklers
1½ in.	5 sprinklers	1½ in.	5 sprinklers
2 in.	10 sprinklers	2 in.	12 sprinklers
2½ in.	20 sprinklers	2½ in.	25 sprinklers
3 in.	40 sprinklers	3 in.	45 sprinklers
3½ in.	65 sprinklers	3½ in.	75 sprinklers
4 in.	100 sprinklers	4 in.	115 sprinklers
5 in.	160 sprinklers	5 in.	180 sprinklers
6 in.	275 sprinklers	6 in.	300 sprinklers
8 in.	See Section 8.2	8 in.	See Section 8.2

For SI units, 1 in. = 25.4 mm.



## Optimise structure ...

- **Height to Width Ratio:** Measure of structural efficiency. Optimal ratio between 5 and 7 for concrete and steel buildings
- **Grid:** Balance between functionality and structure.
- **Floor Systems:** Minimize structural depth to impact least on MEP, architecture and maximize available floor to ceiling height.
- **Concrete volume:** Specialised systems will lower volume, reduce flexibility.
- **Concrete grade:** Consider high concrete grade. Minimize column sizes.
- **Transfers:** Minimize column transfers.
- **Construction:** Speed/ floor-to-floor times.



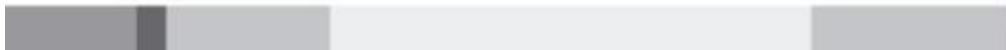
## c) Value Engineering

- i) Four Seasons is supportive of Value Engineering (VE) when the process weighs the initial cost savings with the long-term implications of the decision. Four Seasons will actively participate in the process if the decision is presented with a proper value engineering analysis. (Four Seasons does not support a VE process where decision making is limited to approval or rejection of a shopping list of single line narrative descriptions of VE measures).  
**Weigh initial costs against long term implications**
- ii) Value engineering analysis is a process of evaluating a design or construction alternative that offers a more cost-effective method of obtaining the same result. In evaluating an alternative suggested by the value engineering process, the Consultant team, together with the Owner and Four Seasons, make an informed technical decision based on cost and risk.  
**A more cost effective solution for same result**
- iii) The acceptance of VE measures is normally the result of the cooperative effort of both Consultant and Construction Teams. The Construction Team (the proponent of the VE measure) is responsible for characterizing the particulars of the change and identifying the savings offered by the measures. The Consultant team, together with Four Seasons, evaluate the risk associated with accepting the measure, including the potential for harmful effects on the quality, comfort, and safety of the guest experience and/or detrimental effect on the labour, material and energy costs required to operate the facility.  
**A co-operative approach involving consultants & contractors**
- iv) The MEP Consultant may be asked to provide a detailed value engineering analysis of certain measures (and to evaluate proposed measures using a 5, 10 and 20 year time line). The MEP Consultant is to make recommendations to Ownership and Four Seasons about the acceptance of certain measures. The analysis and supporting material provided by the proponent of the measure. By following such a process, value engineering can bring significant benefit to the project design rather than being strictly a cost cutting mechanism that leads to uninformed decisions with long term operating cost implications and a compromised guest experience.  
**Recommendations based upon analysis...**

## **Engineering lower costs ...**

- **Focus on end user wants & needs ...**
- **Integrate the design process (A&E)**
- **Define, optimize & reduce scope earlier**
- **Consider to omit/ downgrade items & add/upgrade later (refurb in 10 years ...)**
- **Think life cycle costs**
- **Good engineering design is sustainable ... and vice versa.**
- **Coordinate in 3D/BIM, and collaborate in the cloud.**
- **If timing is everything ... good design takes time ...**
- **Great projects have good clients & better teams**

## Engineering lower costs ...



	<b>Design, Tender, Construct Construction Management</b>	<b>Design, Tender, Construct Main Contractor w/wo Nom. Sub. Con.</b>	<b>Design &amp; Build</b>
<b>Pros</b>	<p>Design quality specific</p> <p>Apparent single point accountability.</p> <p>Lowest cost (?)</p>	<p>Design quality specific</p> <p>Dual point accountability</p> <p>Fixed price for specific quality</p> <p>Reduced time.</p>	<p>Single point accountability</p> <p>Fixed price</p> <p>Reduced time</p>
<b>Cons</b>	<p>Multiple packages increases</p> <ul style="list-style-type: none"> <li>• Cost risk.</li> <li>• Time risk</li> </ul> <p>CM creates risk for managers (overruns outside of control), and for clients (expectations CM will resolve.)</p>	<p>In Vietnam, often need CM anyway ...</p> <p>Main Cons. less sophisticated, especially wrt subcontractors eg M&amp;E.</p> <p>Domestic sub contractors may be substandard.</p>	<p>Less control of design quality</p> <p>Less control of construction quality</p> <p>Domestic sub contractors may be substandard.</p> <p>Depends upon contractors reputation</p>

## BTW how is the current market going ...

Indochine are currently working on approximately 40 projects at various stages ....

With a total construction value of approximately US\$1.2 to 1.4 billion

Hospitality 52%

Office/mixed use 24%

Residential 14%

Education 5%

Industrial 3%

Design Tender & Construction Management 62%

Design Tender & Main Contractor 30%

Design & Build 8%

Architects all projects and 25+

External PM maybe 15%

External QS maybe 10%+ hidden?

## Sustainable path ...

Frank Lowy - Westfield co-founder.

Successful Sustainable property, he said meant, is that which "people want and can use", over a long period of time.



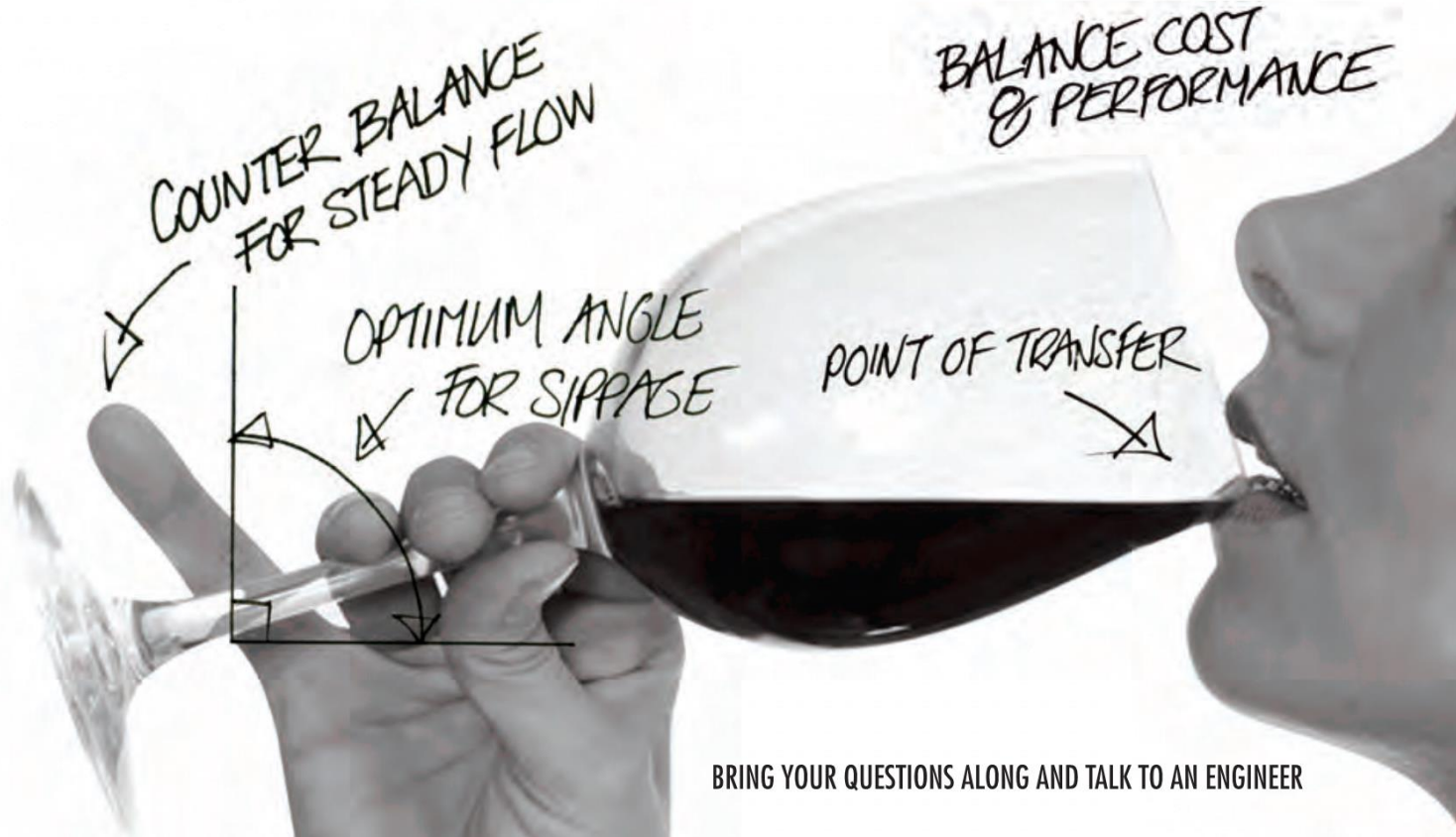


# WINE & ENGINEERING CONNECTIONS

THURSDAY  
5pm



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BRING YOUR QUESTIONS ALONG AND TALK TO AN ENGINEER

**THANK YOU**